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| **PLEASE NOTE:**  **This application is for: ME-CL2 Teacher Training, Norway, April 4-8, 2019** | |
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| **Name** | |
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| **Email** | |
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| **City/Town & Country of Residence** | |
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| **City/Town & Country in which you teach the 8-week** | |
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| **1. Do you have a degree or advanced degree? If so, what is the degree and in what field/discipline?** | |
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| **2. Please state the date and location of the ME-CL1 professional training (s) you have taken.** | |
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| **3 Please list the location, beginning and ending dates, and number of participants in each 8-week program you have taught.** | |
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| **4. Please describe your personal formal meditation practice: the meditations you do, length of each session, the number of times a week you practice, and number of years you have been meditating. If you have an informal practice you may mention it here. Please describe in 50 words or less.** | |
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| **5. Please state your participation in teacher-led silent mindfulness meditation retreats of 5-7 days or more. (If retreat is less than 5 days please explain). Include the tradition or lineage, beginning and ending dates of each retreat, location and teacher's name. (Please Note: MBSR, MBCT, MSC and ME-CL1 teacher trainings do not qualify as silent mindfulness meditation retreats.) Alternately, you may state your formal meditation training, stating the tradition, your teacher's name and the frequency and length of training.** | |
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| **6. Do you have a mindful movement practice such as yoga, Taijiquan or Qigong? Please state the tradition, number of times a week you practice or attend class, the typical length of each session, and number of years you have been practicing. Please describe in 50 words or less.** | |
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| **7. Please tell us why you want to take this ME-CL2 Training in 200 words or less.** | |
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